



Are you
still
learning
indoors?





Do you like the idea of Forest School, but wish it could incorporate more learning?

We all want our children to spend more time in nature and grow up with a keen environmental compass, but that doesn't have to be at the expense of education.

Would you like help to bring the curriculum to life in your outdoor space?

At Growing Outside we have 20 years of experience writing unique lesson plans that satisfy the National Curriculum, whilst at the same time giving children a love and respect for nature and the environment.



Would you like training to give your staff the confidence to take more learning outdoors into the school grounds?

We understand potential barriers and challenges teachers may face, and so have devised a series of CPD courses to empower, inform and upskill your staff to embrace outdoor education, across all curriculum subjects.

At Growing Outside, we have always believed every child has the right to learn outside, to experience their learning in a safe, accessible, natural and inspiring environment – the school garden.

And now more than ever, there is finally recognition of the importance of outdoor learning in the UK. The government wants schools to help children get “close to nature” and create “nature friendly grounds”.



But how, as a school do you implement this? We have seen so many schools invest in a raised bed or pond area, that quickly becomes a nettled, brambled no-go area within a year.

We know that learning in nature gives all children immersive, engaging experiences that develop enquiring minds and confidence.

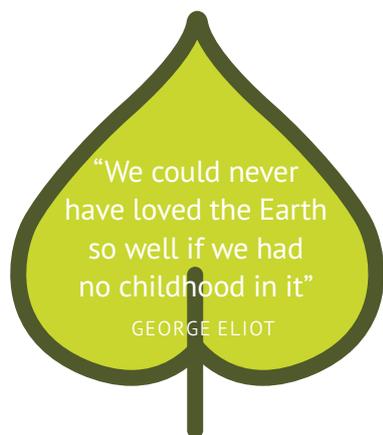
But you can't embed a Growth Mindset in a one day workshop

Weekly sessions

We facilitate regular weekly sessions throughout the school year, taking groups of children out into your school grounds. Our fully trained, insured and DBS checked staff are experts in delivering our unique outdoor lessons, which link directly with the curriculum and have been carefully planned to tie in with the seasons, the natural world and the British weather.

We consult with you on which classes to work with depending on your planning. Your teaching staff are free to come and watch us, to gain on-the-job professional development.

After every session we give you a two-page report detailing the things we've discovered and learnt whilst we were having fun. You're free to use this to show Ofsted, put on your school website, utilize for onward training or even to send home to parents.

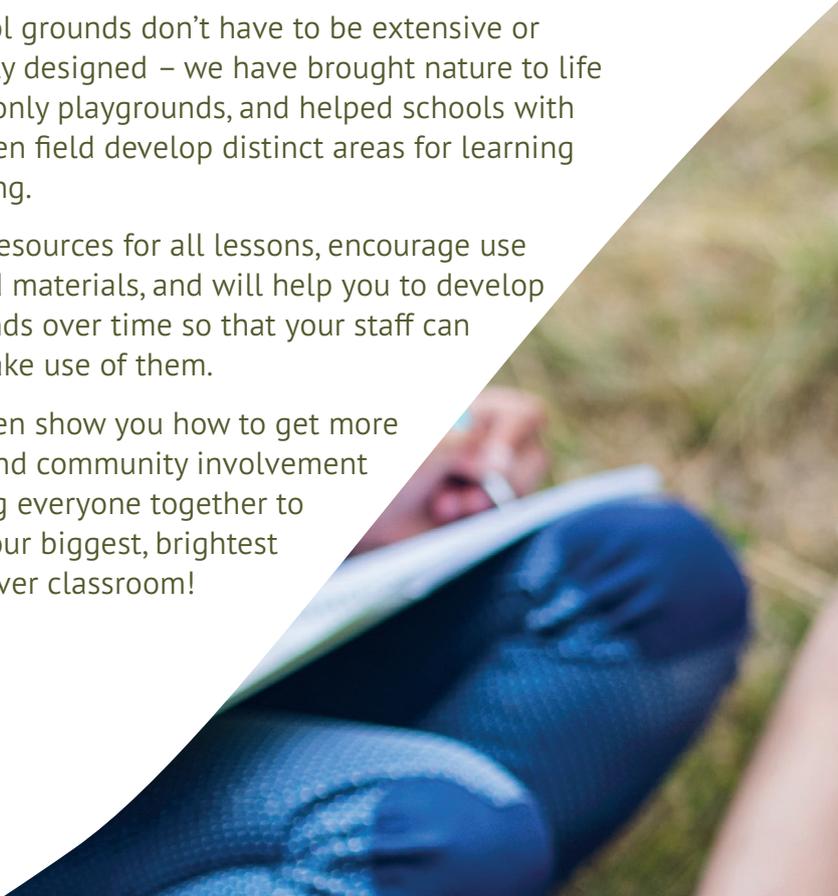


Don't think your grounds are up to it?

Your school grounds don't have to be extensive or expensively designed – we have brought nature to life in tarmac only playgrounds, and helped schools with just a barren field develop distinct areas for learning and growing.

We bring resources for all lessons, encourage use of recycled materials, and will help you to develop your grounds over time so that your staff can start to make use of them.

We can even show you how to get more parental and community involvement by bringing everyone together to develop your biggest, brightest and best ever classroom!



In the last three years the regular weekly sessions from Growing Outside have made a huge difference to our children's respect for nature and their school environment. Whereas at first they were dismissive and sometimes inconsiderate of plants, trees and our attempts at growing food, they now show an absolute fascination and love of everything growing in our outdoor space. They are calm when working outside and have a keen desire to nurture and protect all living things. Growing Outside have worked both with small focus groups of children on a regular basis, and with different classes every week. Both methods have suited our children's varying needs. We consider their input paramount to our passion of offering our children a stimulating, rounded learning experience.

DAVID NIGHTINGALE HEADTEACHER
Moss Valley Primary Academy, Irlam

The Growing Outside sessions, apart from reinforcing important areas of the curriculum such as Science, Geography and DT (cooking and nutrition strand), are having a direct positive impact on the Health and Wellbeing of our children. This, both in class groups or in small intervention groups, where the Growing Outside practitioner excels at being flexible in her approach. Working with Growing Outside for the last 18 months means our children are now calm and attentive when learning in the garden, and teachers have reported the sessions have enhanced children's subject knowledge, increased their appreciation and enjoyment of the outdoors, and given them more of an awareness of environmental issues, nature and seasonal foods.

LISA WHITELEGG DEPUTY HEADTEACHER
The Willows Primary school, Wythenshawe



**“If we want our children
to move mountains, we
first have to let them
get out of their chairs”**

NICOLETTE SOWDER

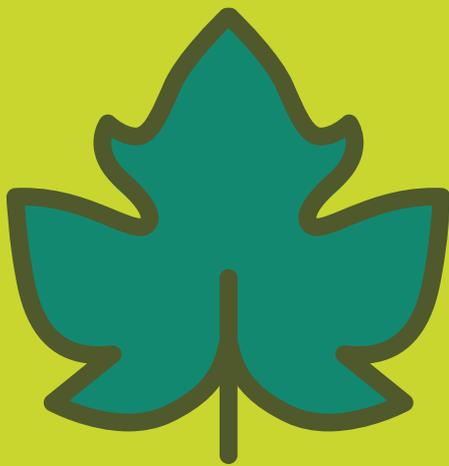
CPD

You may be lucky enough to have an amazing outdoor space at school. But what if no-one has the desire or knowledge to use it?

Many understand the amazing benefits, however it can be daunting for teachers to know where to start. We have extensive experience in helping schools transition their teaching from inside, to outside.

Our package can include a programme of teacher training to embed outdoor learning and critical climate related education in your school. We empower staff with the skills and confidence to give it a go, offering help and support all the way.

The benefits for staff are widely proven in regards health and wellbeing, professional development and job satisfaction.



The introduction to outdoor learning session was an inspiring, hands-on session that even our self-confessed “non-outdoorsy” staff members really enjoyed. Since the session, staff have regularly planned in opportunities to take learning outside and use our space in a more creative and engaging way. The staff and children are excited and enthusiastic to engage in outdoor learning and the training was delivered in a way which was accessible for all- from our novices to those already trained in forest school.

LEANNE STRAKER DEPUTY HEAD
Haveley Hey Community School

3 Year Outdoor Learning Development Plan

Do you struggle for space inside?

Are your grounds boring and uninspiring?

Would you like to be able to utilise your outdoor areas but haven't the ideas or budget to make that change?

We offer a comprehensive consultation, culminating in a detailed report and design, setting out how, over the next three years your school grounds can become your legacy.

We can show you how to maximise the use of your various external areas, and give you ideas on how to implement this gradually over the next three years. We can show you what can be done on a limited budget, what



can happen with a bit of people power, and what can be fund-raised for.

We'll help you identify which new areas link specifically to different parts of the curriculum, and give you tips on how to best encourage staff to start using them. And you can add it to your School Development Plan to help support your future priorities for improvement.

“Children cannot bounce off the walls if we take away the walls.”

ERIN KENNY

Would you like to build a legacy for your school where engaged, experiential learning happens? Where children and staff break free from the confines of the classroom and where respect for nature, healthy living and mindfulness are at the core of your school values?



We have worked with Growing Outside for the last 7 years, and despite increasingly tight budgets, continue to consider it a hugely valuable and important provision for our children and staff. We are committed to educating the ‘whole’ child, and Growing Outside have helped us achieve this through their philosophy of teaching the curriculum whilst caring for Nature, the Environment and the Planet, with their innovative approach to outdoor learning. I could not recommend them highly enough.

JULIA BRAMHALL HEADTEACHER
Sacred Heart Catholic Primary School, Wythenshawe



We’ve been working alongside Growing Outside for almost 3 years now and I can honestly say I don’t know what we’d do without them. The lessons are well prepared and resourced and the children absolutely love getting hands on while learning key Science and Geography objectives. The children have a real sense of ownership and pride in the allotment area now and it is looking great! Growing Outside have also been able to provide us with some additional nurture sessions to use as an intervention for children with SEMH needs. All the children were able to thrive during these sessions, actively engaging in a safe and calm way.

LEANNE STRAKER DEPUTY HEADTEACHER
Haveley Hey Community School, Wythenshawe

Imagine a school where children and staff are regularly outdoors, in nature, learning in a calm but inspiring environment. Imagine less pent-up frustration, more smiling, more wow! moments, more laughter. Better job satisfaction, better attendance, better understanding of how to be healthy, and how to become responsible Global Citizens.



For more information, and to kick start your outdoor learning journey, please contact us.

hello@growingoutside.com
07762 006536
www.growingoutside.com